



## How do I get to my Chosen Career?

### Teachers Overview

#### Activities for Teacher & Students:

- Class Room Based Lesson
- Computer Room Based Lesson
- PowerPoint Presentation
- You tube Clips
- Guest Speaker
- Websites
- Reach Book
- Worksheets
- Learning Hook
- Student Task
- Reflection/Review

### **You Tube Clips**

1. CAO Offers <http://www.cao.ie/index.php?page=video>
2. CAO Mapping your Future  
<http://www.cao.ie/index.php?page=video>
3. Guide to completing the CAO  
<https://www.youtube.com/watch?v=WKIPNFyYiL8>
4. CAO tips <https://www.youtube.com/watch?v=vzcv8ojKO-k>
5. Apprenticeship Videos  
[http://www.careersportal.ie/apprenticeships/videos.php?parent=12&ed\\_sub\\_cat\\_id=245#Apprenticeship Videos](http://www.careersportal.ie/apprenticeships/videos.php?parent=12&ed_sub_cat_id=245#Apprenticeship%20Videos)

### **Websites**

1. [www.gqi.ie](http://www.gqi.ie)
2. [www.solas.ie](http://www.solas.ie)
3. [www.careersportal.ie](http://www.careersportal.ie)
4. [www.qualifax.ie](http://www.qualifax.ie)
5. [www.cao.ie](http://www.cao.ie)
6. [www.i-to-i.com](http://www.i-to-i.com)
7. [www.projectsabroad.ie](http://www.projectsabroad.ie)

## Checklist

1. National Framework of Qualifications
  - What is the NFQ
  - What level on the NFQ do you get when you finish your LC
  - What is the difference between Level 6/7/8
  - What level is a master's degree
  - What level is a doctoral degree
  - What is the name given to a course once you have your degree done
  - What can you do if you are not happy with your leaving cert and you want to go to college
  
2. CAO
  - I have visited [www.cao.ie](http://www.cao.ie)
  - I have completed the demo application
  - Fill out the two tables page which counts the CAO points for Christmas exam and a realistic prediction of your results for LC
  - Watch CAO videos
  - Receive CAO Handbook and file it into folder or use handbook on CAO.ie
  - On page 26 on CAO handbook write
    1. Beside courses that you are extremely interested in
    2. Beside courses that you are very interested in
    3. Beside courses that you are kind of interested in
  - Write 1/2/3 beside all courses you are interested in, in Level 8
  - Write 1/2/3 beside all courses you are interested in, in Level 7
  - Write 1/2/3 beside all courses you are interested in, in Level 6
  - Fill in “Level 6”, “Level 7” and “Level 8” hand-out

- Use [www.Qualifax.ie](http://www.Qualifax.ie) to help find points, minimum entry .

#### 4. UCAS

- List the benefits of studying in the UK
- What are the two main UCAS deadlines?
- I have read the UCAS jargon buster handout and highlighted any terms I don't understand
- I have watched the UCAS video guides on [www.UCAS.com](http://www.UCAS.com)
- I have completed the Personal Statement worksheet

#### 5. PLC

- What does PLC stand for
- What level is a PLC courses at
- List 5 PLC colleges near you
- Find 10 or more PLC courses from any of the 5 colleges that you would be interested in
- Fill out 'Guest Speaker hand-out'
- Write how you can progress from any of the 3 PLC courses you picked

#### 6. Apprenticeships

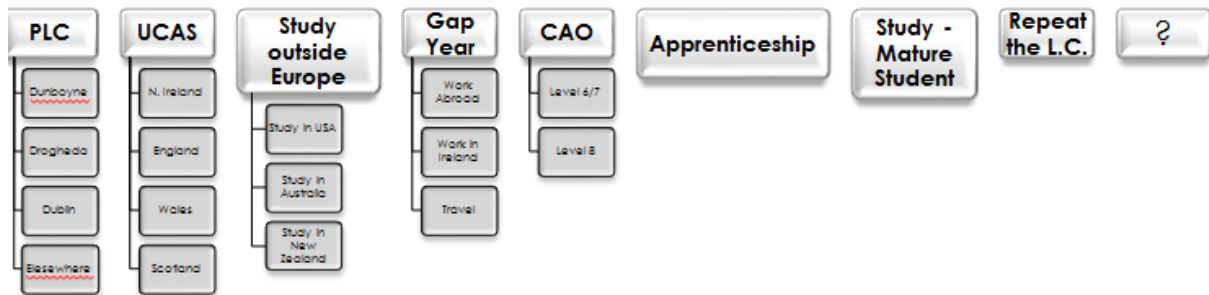
- What is an apprenticeship?
- How long does an apprenticeship usually take?
- List 5 examples of apprenticeships currently available.
- Where can you find more information about apprenticeships?

## 7. Gap Year

- List reasons why students might take a gap year
- You have been offered a CAO course but would like to take a Gap Year.

Explain the steps you need to take to defer your course

- List possible things you could do during a Gap Year
- Where can you find more information about taking a Gap Year?



Using the information gained in this module, complete your own version of the study career plan above.

## Evaluation of Module

Name: \_\_\_\_\_ Year Group: \_\_\_\_\_

Name of Module: \_\_\_\_\_ Rang Group: \_\_\_\_\_

In this Module I learned about:

What was useful about this Module:

What was not useful about this Module:

I would like to learn more about:

## 5<sup>th</sup> Year Guidance & Counselling